



# STUDY CLUB: ADVANCED ORTHODONTICS FOR THE GENERAL PRACTITIONER

SEPTEMBER 2022 - AUGUST 2023

DR. SIDDHARTH (SID) VORA AND DR. BENJAMIN PLISKA

This course provides detailed instruction in diagnosis, treatment planning and specifics of treatment procedures for general practitioners who already have some familiarity with orthodontic procedures. It is emphasized that these sessions provide practical experience, on an ongoing basis, with the practitioner’s own patients. This course is not limited to theoretical concepts and laboratory procedures. Case presentations and discussions on treatment planning will be held at each session and will supplement clinical treatment of patients. Participants are responsible for providing their own patients. Through the mentorship provided in these courses, participants will develop a clear understanding of the standard of care for comprehensive orthodontic treatment, from record taking to finishing of the occlusion. Some cases – either with fixed appliances or removable aligners, can be well treated in a general practice when the clinician has taken this course; other patients require a specialist. Dr. Vora and Dr. Pliska give careful training as to how to make this important distinction. It should be noted that regular attendance is required in order to maintain proper continuity of service to patients, and to keep abreast of the progress of the participants. Therefore participants will need to be able to make a commitment to attend sessions consistently.

## EDUCATIONAL OBJECTIVES

Through case-presentations made by participants during this course, we will learn how to:

1. Compile complete Orthodontic records and objectively determine a comprehensive Orthodontic diagnosis, taking into account extraoral, intraoral, functional and esthetic findings.
2. Establish clear and prioritized treatment objectives for individual cases.
3. Outline ideal and alternatives treatment plans for each case, considering advantages and disadvantages of each plan.
4. Navigate staging of Orthodontic treatments including relevant biomechanical principles.
5. Troubleshoot cases with poor progress.

### SCHEDULE & TIMES:

THURSDAY AM (Sep 15, Dec 8 2022\*): 8:00 am - Noon  
THURSDAY PM: 1:00 pm - 5:00 pm  
FRIDAY PM: 1:00 pm - 5:00 pm  
SATURDAY AM: 8:00 am - Noon

THURSDAY DR. VORA	FRIDAY PM DR. PLISKA	SATURDAY AM DR. VORA
September 15 <b>AM*</b>	September 16 PM	September 17 AM
October 27 <b>PM</b>	October 28 PM	October 15 AM
November 24 <b>PM</b>	November 25 PM	November 19 AM
December 8 <b>AM*</b>	December 16 PM	December 10 AM
January 26 <b>PM</b>	January 13 PM	January 28 AM
February 23 <b>PM</b>	February 10 PM	February 25 AM
March 23 <b>PM</b>	March 10 PM	March 25 AM
April 27 <b>PM</b>	April 14 PM	April 29 AM
May 25 <b>PM</b>	May 5 PM	May 27 AM
June 15 <b>PM</b>	June 2 PM	June 17 AM
July 13 <b>PM</b>	July - N/A	July 15 AM
August - N/A	August 18 PM	August - N/A

Please note that not all dates are consecutive. The dates are subject to change. Participant attends Thursday PM/AM or Friday PM or Saturday AM

Each session is 4 hours in length, up to 44 hours continuing education hours in total. It is the responsibility of the member to accurately report the number of hours they attended their sessions and if they attended in person or remotely.

### TUITION FEE:

DENTISTS: \$3600

A non-refundable deposit (Due upon registration)	\$800
First installment (Due September 9, 2022)	\$1400
Second installment (Due January 20, 2023)	\$1400

All necessary instruments, equipment and expendables are provided, and are included in the course fee. Brackets, bonds, archwires etc. are extra and are billed quarterly through out the year if applicable.

A non-refundable deposit of \$800 is due upon registration. Costs to supplies will be invoiced separately and must be paid within 30 days of receipt of invoice.

Covid-19: the sessions will be offered in person and via zoom. Should we be required to close the clinic due to Covid-19, the session will be offered online only.

### LOCATION:

Patterson Dental Learning Centre (PDLC)  
2199 Wesbrook Mall, Vancouver BC V6T1Z3

### REGISTER:

[dentistry.ubc.ca/cde/study-clubs](http://dentistry.ubc.ca/cde/study-clubs)

### CONTACT:

P: 604.822.6156  
E: [cde@dentistry.ubc.ca](mailto:cde@dentistry.ubc.ca)

**What is the philosophy governing the Advanced Orthodontic Courses for the General Practitioner?**

As an initiation into orthodontic principles and practice, didactic presentations (lectures and discussions) are essential. When the General Practitioner then embarks on actual treatment of orthodontic cases, explanation and guidance at the “hands on” level is extremely helpful. This AO study club offers the participant both the didactic and hands-on components. Orthodontic treatment is a long-term commitment for both patient and clinician, where frequent visits and ongoing re-evaluation of progress are necessary. For this reason the Advanced Orthodontic Study Club operates on a continuous 11 months a year basis.

**Who is eligible to join an Advanced Group?**

General Dentists who have taken a Basic Orthodontic Course, or who are recent graduates of UBC, or who have had exposure since graduation to fixed appliance principles and practice. If in doubt regarding your eligibility to attend, contact Dr. Vora/Dr. Pliska, or the Director of Continuing Dental Education. Participants must hold a current practicing license, with malpractice insurance of at least \$3 million.

**Who provides the patients?**

Patients must be “patients of record” in the participant’s practice. Participants attending any UBC Continuing Dental Education course must agree to indemnify and hold harmless The University of British Columbia, its Board of Governors, employees and agents against any and all liabilities, losses, claims, demands, costs and expenses whatsoever, including legal fees, arising from their study club attendance. Participants are required to ensure that their patients complete ‘informed consent forms’ and that these forms indicate that the patient is being treated by the participant and not by UBC. Patients should be informed that they are being treated in a study club setting and that their treatment will be observed by the group.

**What is the scope and format of the sessions held each month?**

Approximately the first two hours are spent in discussion of detailed records for patients for whom treatment is proposed. After the general outline is given, the entire group is encouraged to participate in the discussion with Dr. Vora/Dr. Pliska chairing. The atmosphere is friendly, constructive and cordial! The second two hours is spent in the PDLC clinic, where Dr. Vora/Dr. Pliska works directly with each participant and their patient/s. Discussion and demonstration to all members are ongoing during the clinic time. All participants including those attending by Zoom will be invited to observe the treatment performed by their colleagues in the study club.

**Is it necessary to bring any equipment, instruments, supplies or products to the advanced courses?**

No, all instruments and equipment are made available without extra charge by Continuing Dental Education. Clinic sundries such as gloves, masks etc. are also supplied. Brackets, wires, bands etc. are available in the clinic. Each practitioner has an account set up at the beginning of the academic year, and is invoiced for the brackets, archwires etc. quarterly through the year.

**CLINICIANS**

**Siddharth (Sid) Vora, BDS, MSD, PhD** is currently an Assistant Professor of the University of British Columbia Faculty of Dentistry. He obtained his dental surgery degree from the University of Mumbai, India, in 2002; a Doctor of Philosophy (Oral Biology) in 2009 from Boston University; and a Master of Science in Dentistry and a Certificate in Orthodontics from the University of Washington (UW) in Seattle in 2012. Dr. Vora was a faculty member at UW. He was also a senior Fellow at Seattle Children’s Hospital Research Institute.



**Benjamin Pliska DDS, MSc, FRCD(C)** is Assistant Professor of the University of British Columbia Faculty of Dentistry and maintains a private practice in Vancouver as a certified specialist in Orthodontics. Dr. Pliska is a graduate of the University of Western Ontario School of Dentistry, and obtained his Certificate in Orthodontics and Master’s Degree in Dentistry from the University of Minnesota. Dr. Pliska lectures both locally and internationally on his research interests, which include airway imaging and sleep medicine.

**CANCELLATION POLICY**

Registration is your commitment to the Advanced Orthodontics for the General Practitioner Study Club. Upon registration \$800 of your payment will be non-refundable at any time. Registration is a year long commitment, therefore if you have chosen to pay using our installment option, it is expected that you will make the future installment payments. Continuing Dental Education at The University of British Columbia reserves the right to cancel courses if deemed necessary by low enrolment, instructor cancellation or other unforeseen issues. In case of course cancellation a full refund will be issued.



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**DISCLAIMER:** Dental education institutions have an obligation to disseminate new knowledge related to dental practice. Some presentations may include controversial materials or commercial references. Sponsorship of a continuing education course by The University of British Columbia does not imply endorsement of a particular philosophy, procedure or product by The University of British Columbia. Fee in full must accompany registration. The tuition fee is deductible for Canadian Income Tax purposes. See cancellation policy.