THURSDAY, FEBRUARY 28, 2019
4:30 PM – 7:30 PM

Oh the Pus! Oh the Pain!
Appropriate Analgesic and Antibiotic Prescribing

Dr. Mark Donaldson

Wouldn’t it be nice to go to a continuing education program that gives you the tools to be more successful starting on Monday morning? Wouldn’t it be great to be known as the dentist who offers excellent pain-free, post-operative care without the use of narcotics? Wouldn’t you like to be more confident in all of your prescription writing, knowing that you are on the cutting edge, that you are evidence-based and that you are guideline-driven? This is that program.

In 2010, enough opioids were sold to medicate each American adult at a dose of 5mg of hydrocodone every four hours for one month. You do not want to be part of this problem. Remember the Spiderman Principle that, “with great power there must also come – great responsibility.” And what about all of those new antibiotics you keep hearing about? Are they really the latest and greatest? Are there really new guidelines when it comes to antibiotic prophylaxis?

This interactive program looks at the appropriate prescribing of analgesics and antibiotics with a particular focus on the dental realm. Case studies will augment the delivery of key points and a problem-based learning approach is encouraged so that each participant’s questions are addressed.

OBJECTIVES TO BE COVERED:

- Discuss the pathophysiology of pain as it relates to dentistry.
- Understand the perfect analgesic recipe to keep (almost) all of your patients out of pain – first time, every time.
- Describe the different types of antibiotics available and how to match the right drug to the right bug.

- Know the appropriate approach to patients at risk of SBE and which of your orthopedic patients really require antibiotic prophylaxis.
- Learn how to help make all of your appointments successful for you, your Team and your patients.

MARK DONALDSON BSP, RPH, PHARMD, FASHP, FACHE
received his baccalaureate degree from the University of British Columbia and his Doctorate in Clinical Pharmacy from the University of Washington. He completed a residency at Vancouver General Hospital, and has practiced as a clinical pharmacy specialist, clinical coordinator and director of pharmacy services at many healthcare organizations in both Canada and the United States. He is currently the Senior Executive Director, Pharmacy Advisory Solutions for Vizient, in Whitefish, Montana.

Dr. Donaldson is a Clinical Professor in the Department of Pharmacy at the University of Montana in Missoula, Clinical Associate Professor in the School of Dentistry at the Oregon Health & Sciences University in Portland, Oregon and Adjunct Professor, in the Faculty of Dentistry at the University of British Columbia. He has a special interest in dental pharmacology and has lectured internationally to both dental and medical practitioners. He has spent the last 18 years focusing on dental pharmacology and dental therapeutics, and is a leader in the field.

Dr. Donaldson has published numerous peer-reviewed works and textbook chapters. He currently serves on the Editorial Boards for the Journal of the American Dental Association, Compendium and ACHE Healthcare. He is board certified in healthcare management and is the current Regent and Past-President of the American College of Healthcare Executives’ Montana Chapter. Dr. Donaldson was named as the 2014 recipient of the Bowl of Hygeia for the state of Montana and was the 2016 recipient of the Dr. Thaddeus V. Weclaw Award. This award is conferred upon an individual who has made outstanding contributions to the art and science of dentistry and/or enhanced the principles and ideals of the Academy of General Dentistry.
Treating Older Adults in your Dental Office

Dr. Chris Wyatt

The Canadian population is aging, and in particular those living in British Columbia are presenting to our dental offices with the positive and negative effects of old age. A growing number of older adults are successfully aging at home, and living active lifestyles. The prevalence of chronic conditions and disabilities has declined over the past forty years due to improvements in diet, an increase in physical activity, and reduction in smoking. In addition medical advances in orthopedics, transplants, and cardiac pacemakers have helped people live longer and healthier. However many older adults suffer chronic disease and disabilities including cardiovascular disease, cancer, arthritis, senile dementia, and Parkinson’s disease. In addition, the provision of dental care for older adults is affected by polypharmacy and xerostomia side effects of medications.

Older adults are retaining teeth longer and have experienced sophisticated dental care over their lifetime, and expect to maintain their teeth and dental prostheses. These individuals have invested a considerable amount of time and money in their mouths and expect to retain their teeth, implants and dental prostheses for a lifetime. However, for many older adults, poor oral hygiene predisposes them to gingivitis, periodontitis, denture stomatitis, and dental caries. Oral health is directly related to chewing ability and nutrient uptake. Poor oral health and tooth loss often results in discomfort, poor aesthetics, bad breath, compromised mastication, and combined decrease quality of life.

The consequences of missing teeth are compromised aesthetics, phonetics, mastication, and occlusion. The loss of a maxillary incisor is just as much an aesthetic concern for an older adult as a younger adult. The options for replacement of teeth is no different from those who are younger. However, frailty (physical and cognitive) pose significant limitation on a patient’s ability to undergo a complex treatment, prosthetic design, and professional maintenance. The provision of dental services for older adults sometimes involves consent for treatment from others (family, guardians, or power of attorneys), and the support of family for daily mouth care. Increasingly, dental professionals must work with fellow health care providers (physicians, social workers, and nurses) to better serve their elderly patients.

REGISTRATION INFORMATION

TUITION:

<table>
<thead>
<tr>
<th>Dentists:</th>
<th>until Dec 1</th>
<th>after Dec 1</th>
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<tr>
<td></td>
<td>$795</td>
<td>$845</td>
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<tr>
<td>Allied Dental Personnel</td>
<td>$425</td>
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Registration includes reception (Fri), breakfast (Sat), handouts & breaks.

LOCATION:

Four Seasons Resort, Whister, BC

Four Seasons Resort is offering special hotel conference rates if you make your reservation before January 29, 2019 (based on availability). Please quote:

UBC Continuing Dental Education - Annual Ski Seminar when booking.

Please book your accommodation early to ensure a reservation. Registrants are required to make their own accommodation arrangements.

www.fourseasons.com/whistler 1-888-935-2460
reservations.whi@fourseasons.com

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CANCELLATION POLICY:
Limited Enrolment Courses require a minimum of 21 days notice for a full refund less $100.00 administration fee. Cancellations made between 21 and 14 days prior to the first day of the program will receive a 50% refund. No refund will be granted for cancellations made less than 14 days prior to the first day of the program. Continuing Dental Education at The University of British Columbia reserves the right to cancel courses if deemed necessary by low enrolment, instructor cancellation or other unforeseen issues. In case of course cancellation a full refund will be issued.

FRIDAY, MARCH 1, 2019
3:30 PM – 6:30 PM

Treatment Planning for Older Adults in the Dental Office

• Be aware of the impact of aging on general health, mobility, cognitive ability, and oral health.
• Be able to apply a systematic approach to diagnosing oral disease and developing appropriate treatment plans to restore dentitions affected by tooth loss, dental caries and periodontal disease for older adults.
• Understand the need and have the skills to obtain appropriate levels of consent for dental care, and communicating with relatives of patients and other health care providers.

SATURDAY, MARCH 2, 2019
8:00 AM – 11:00 AM

Dental Caries and the Older Adult

• Be aware of the differences in the prevalence, incidence, and impact of dental caries affecting younger adults, older adults, and frail older adults.
• Understand the advantages and disadvantages of various dental materials to restore carious teeth and root surfaces.
• Have a better understanding of the efficacy and effectiveness of various behavioural, dietary, and chemotherapeutic measures to manage chronic dental caries.

CHRIS WYATT, BSC, DMD, MSC, DIP PROS, FRCD(C) is Professor and Chair of the Division of Prosthodontics & Dental Geriatrics in the Faculty of Dentistry at the University of British Columbia. Dr. Wyatt graduated with a DMD degree from the University of British Columbia in 1986, a diploma in Prosthodontics in 1995, and an MSc in Dentistry in 1996 from the University of Toronto. He is a founding member of the ELDERS group (Elder’s Link with Dental Education, Research, and Service), and the director of the UBC Geriatric Dentistry Program. In 2010, Dr. Wyatt was appointed as head of the new Graduate Prosthodontics Program at UBC. He is past President of the Association of Prosthodontists of Canada and the British Columbia Society of Prosthodontists and has chaired the Geriatric Dentistry Committee of the British Columbia Dental Association.

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