



NOVEL TRAY OPTIONS FOR BLEACHING, SENSITIVITY, CARIES CONTROL, & SPLINTS IN A PANDEMIC

DR. VAN B. HAYWOOD

While the typical bleaching tray fabrication is well described, sometimes there are situations for which either different tray fabrication options or different impression techniques may serve the patient and the practice better. In this pandemic when typical alginate impressions may not be desirable on some patients, thermoplastic trays may be indicated for children, orthodontic patients, high caries patients, while splints may need a different approach as well.

EDUCATIONAL OBJECTIVES

1. Understand Bleaching vs. Whitening
2. Review General bleaching principles
3. Carbamide and hydrogen peroxide differences
4. Discuss different types of novel bleaching tray fabrication technique other than conventional, including thermoplastic trays and impression techniques
5. Discuss different methods for splint fabrication made directly in the mouth or on any articulator

CLINICIAN



VAN B. HAYWOOD, DMD, is Professor in the Department of Restorative Sciences, Dental College of Georgia @ Augusta University. In 1989, he co-authored the first publication in the world on Nightguard vital bleaching (at-home tray bleaching), and in 1997 co-authored the first article on extended treatment (six-months) of tetracycline-stained teeth using this tray technique. He has completed further research and over 145 publications on the tray bleaching technique and the topic of bleaching and esthetics, including first papers on treating bleaching sensitivity with potassium nitrate, direct thermoplastic tray fabrication, bleaching primary teeth, and caries control with bleaching materials. Many of these articles are on his free website www.vanhaywood.com. He teaches in the Fixed Prosthodontics courses, the Occlusion course and the Esthetics course, as well as in sophomore and junior student Fixed and Operative clinics. While he is more known for his introduction of tray bleaching to the world in 1989, he directed the Occlusion course for many years, and has published on articulators, splints and occlusion.

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