The huge boom in alternative medicine and a waning trust in the healthcare system coupled with information only a quick search away has led to a growing and diverse variety of unconventional approaches to healthcare. The field of dentistry is not immune from this movement - our patients are exposed to a variety of alternatives to conventional care, self-care, and even conspiracy theories in regards to their oral health. Exactly what is the information that our patients being are exposed to? What are the current trends in alternative dentistry? Where did some of these unique ideas originate? And, most importantly, what does the literature say (or not say) about them? In this course, you will get the answers to these questions (and more). You will learn how to effectively communicate with your patients in regards to alternative dental care and provide them with evidence-based advice, while at the same time respecting their autonomy and personal choices.

EDUCATIONAL OBJECTIVES

1. Describe the alternative dentistry movement
2. Connect trends (products, procedures, ideas, etc.) in alternative dentistry to what the evidence says
3. Identify ways in which you can provide high quality care/advise to your patients while respecting their autonomy and personal choices

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