

## THE OPIOID CRISIS: APPROPRIATE POSTOPERATIVE ANALGESIA PRESCRIBING

*How do you make sure your patients are comfortable and pain free when the anesthetic wears off?*

DR. MARK DONALDSON

Wouldn't it be great to be known as the dentist who offers excellent pain-free, post-operative care without the use of narcotics? Wouldn't you like to be more confident in all of your prescription writing, knowing that you are on the cutting edge, that you are evidence-based and that you are guideline-driven? This is that program.

Canada is facing a national opioid crisis that has affected every region of the country. As of 2016, opioid-related deaths and hospitalization rates were highest in the western provinces of British Columbia and Alberta and in both Yukon and the Northwest Territories. The growing number of overdoses and deaths caused by opioids, including fentanyl, is a public health crisis.

Unfortunately, dentists follow primary care physicians as the second-leading prescribers of immediate-release opioids. As such, dentists have been identified as having an important role in opioid abuse prevention efforts. You do not want to be part of this problem – you want to be part of the solution. Remember the Spiderman Principle that, "with great power there must also come – great responsibility."

This interactive program looks at the appropriate prescribing of analgesics with a particular focus on the dental realm. Case studies will augment the delivery of key points and a problem-based learning approach is encouraged so that each participant's questions are addressed.

### EDUCATIONAL OBJECTIVES

- Discuss the pathophysiology of pain as it relates to dentistry
- Understand the perfect analgesic recipe to keep (almost) all of your patients out of pain – first time, every time
- Describe the different types of analgesics available and how to match the right drug at the right dose for the right patient and the right procedure
- Review some of the latest data on analgesic combinations to include new information on local anesthesia
- Learn how to help make all of your appointments successful for you, your team and your patients

### CLINICIAN



**MARK DONALDSON, BSP, RPH, PHARMD, FASHP, FACHE** received his baccalaureate degree from the University of British Columbia and his Doctorate in Clinical Pharmacy from the University of Washington. He completed a residency at Vancouver General Hospital, and has practiced as a clinical pharmacy specialist, clinical coordinator and director of pharmacy services at many healthcare organizations in both Canada and the United States. He is currently Associate Principal of Clinical Pharmacy for Vizient's Advisory Solutions, and lives in Whitefish, Montana.

Dr. Donaldson is a Clinical Professor in the Department of Pharmacy at the University of Montana, Clinical Associate Professor in the School of Dentistry at the OHSU, and affiliate faculty in Dentistry at UBC. He has lectured internationally to both dental and medical practitioners and has spent the last 28 years focusing on dental pharmacology and dental therapeutics, and is a leader in the field.

Dr. Donaldson has published numerous peer-reviewed works and textbook chapters. He serves on the Editorial Board for the Journal of the American Dental Association, and is a reviewer for over ten other different journals. He is board certified in healthcare management and is the Past-President and Regent of the American College of Healthcare Executives' Montana Chapter. Dr. Donaldson is the 2016 recipient of the AGD's Dr. Thaddeus V. Weclaw Award and in 2019 he was conferred by the Canadian Dental Association (CDA) with the, "Special Friend of Canadian Dentistry Award." This award is given to an individual outside of the dental profession in appreciation for exemplary support or service to the profession as a whole.

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MONDAY  
**DECEMBER 13, 2021**  
**6:00 PM – 8:00 PM (PACIFIC)**  
2 hours of Instruction

### COST:

Allied Dental Professionals: **\$80**  
Dentists: **\$100**

### REGISTER:

[dentistry.ubc.ca/cde](http://dentistry.ubc.ca/cde)

This course will be provided via Zoom (live webinar). A Zoom invitation link and connection instructions will be emailed to you on Friday, DECEMBER 10.

As this is a live webinar, registrants will not be able to access a recorded version of the lecture after the session has ended. A recorded version of this lecture will be available for purchase via UBC CDE's online library after the webinar.

### CONTACT:

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