THE OPIOID CRISIS: APPROPRIATE POSTOPERATIVE ANALGESIA PRESCRIBING

How do you make sure your patients are comfortable and pain free when the anesthetic wears off?

DR. MARK DONALDSON

Wouldn’t it be great to be known as the dentist who offers excellent pain-free, post-operative care without the use of narcotics? Wouldn’t you like to be more confident in all of your prescription writing, knowing that you are on the cutting edge, that you are evidence-based and that you are guideline-driven? This is that program.

Canada is facing a national opioid crisis that has affected every region of the country. As of 2016, opioid-related deaths and hospitalization rates were highest in the western provinces of British Columbia and Alberta and in both Yukon and the Northwest Territories. The growing number of overdoses and deaths caused by opioids, including fentanyl, is a public health crisis. Unfortunately, dentists follow primary care physicians as the second-leading prescribers of immediate-release opioids. As such, dentists have been identified as having an important role in opioid abuse prevention efforts. You do not want to be part of this problem – you want to be part of the solution. Remember the Spiderman Principle that, “with great power there must also come – great responsibility.”

This interactive program looks at the appropriate prescribing of analgesics with a particular focus on the dental realm. Case studies will augment the delivery of key points and a problem-based learning approach is encouraged so that each participant’s questions are addressed.

EDUCATIONAL OBJECTIVES

- Discuss the pathophysiology of pain as it relates to dentistry
- Understand the perfect analgesic recipe to keep (almost) all of your patients out of pain – first time, every time
- Describe the different types of analgesics available and how to match the right drug at the right dose for the right patient and the right procedure
- Review some of the latest data on analgesic combinations to include new information on local anesthesia
- Learn how to help make all of your appointments successful for you, your team and your patients

CLINICIAN

MARK DONALDSON, BSP, RPH, PHARMD, FASHP, FACHE received his baccalaureate degree from the University of British Columbia and his Doctorate in Clinical Pharmacy from the University of Washington. He completed a residency at Vancouver General Hospital, and has practiced as a clinical pharmacy specialist, clinical coordinator and director of pharmacy services at many healthcare organizations in both Canada and the United States. He is currently Associate Principal of Clinical Pharmacy for Vizient’s Advisory Solutions, and lives in Whitefish, Montana.

Dr. Donaldson is a Clinical Professor in the Department of Pharmacy at the University of Montana, Clinical Associate Professor in the School of Dentistry at the OHSU, and affiliate faculty in Dentistry at UBC. He has lectured internationally to both dental and medical practitioners and has spent the last 28 years focusing on dental pharmacology and dental therapeutics, and is a leader in the field.

Dr. Donaldson has published numerous peer-reviewed works and textbook chapters. He serves on the Editorial Board for the Journal of the American Dental Association, and is a reviewer for over ten other different journals. He is board certified in healthcare management and is the Past-President and Regent of the American College of Healthcare Executives’ Montana Chapter. Dr. Donaldson is the 2016 recipient of the AGD’s Dr. Thaddeus V. Weclaw Award and in 2019 he was conferred by the Canadian Dental Association (CDA) with the, “Special Friend of Canadian Dentistry Award.” This award is given to an individual outside of the dental profession in appreciation for exemplary support or service to the profession as a whole.

CANCELLATION POLICY

Cancellations received 72 hours prior to the course date will receive a 50% refund. No refunds given for cancellations made within 72 hours of the course. Continuing Dental Education at The University of British Columbia reserves the right to cancel courses or switch instructors if deemed necessary by low enrolment, instructor cancellation or other unforeseen issues. In case of course cancellation a full refund will be issued.

CDE at UBC is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

DISCLAIMER: Dental education institutions have an obligation to disseminate new knowledge related to dental practice. Some presentations may include controversial materials or commercial references. Sponsorship of a continuing education course by The University of British Columbia does not imply endorsement of a particular philosophy, procedure or product by The University of British Columbia. Fee in full must accompany registration. The tuition fee is deductible for Canadian Income Tax purposes. See cancellation policy.