**Periodontal Update for the Hygiene Team:**

*Connections Between System and Periodontal Disease & Overview of the New Classification of Periodontal and Peri-Implant Diseases and Conditions*

**Dr. Maninder Kaur**

**Connections Between System and Periodontal Disease:** There is emerging evidence to support the existence of a two-way relationship between some systemic diseases and periodontitis, with systemic inflammation increasing the risk for periodontitis, and periodontal inflammation negatively affecting systemic health. Understanding of this relationship and incorporating strategies for chair side screening and making appropriate referrals and management of these patients will help dental care providers to better address patients’ oral and overall health and will also strengthen the role of dental hygienist as an integral component of the interdisciplinary healthcare.

**Overview of the New Classification of Periodontal and Peri-Implant Diseases and Conditions:** A new periodontal classification system emerged from the American Academy of Periodontology (AAP) and the European Federation of Periodontology (EFP) 2017 World Workshop on the Classification of Periodontal and Peri-Implant Diseases and Conditions. This new classification system will allow dental hygienists and dentists to individualize periodontal care for the patients and address multidimensional factors to provide comprehensive therapy and to improve the oral health outcomes.

**EDUCATIONAL OBJECTIVES**

- Understand the underlying mechanism linking systemic diseases and periodontitis
- Learn how dentists and hygienists can incorporate strategies to screen and identify patients with undiagnosed diabetes and make the necessary referral and educate them on oral-systemic link to present dental care in the framework of overall health
- Review the new periodontal classification with focus on the case-based review of the multidimensional staging and grading system for the periodontitis diagnosis

**CLINICIAN**

**MANINDER KAUR, BDS, MPH, MS,** is an Assistant Professor and Predoctoral Periodontal Program Director in the Department of Periodontology, at the University of Alabama at Birmingham, School of Dentistry. She received her dental degree from SGRD Institute of Dental Sciences and Research, India (2003) and received her Master’s in Public Health (2008), Masters in Clinical Dentistry and completed Residency Program in Periodontology (2013) from the University of Alabama at Birmingham. Dr. Kaur is a Diplomate of the American Board of Periodontology and lectures on clinical periodontics, interdisciplinary care of oral and systemic health and dental implantology.

Harmon serves on the advisory board for the National Center for Dental Hygiene Research & Practice and served as the President of the North Carolina Dental Hygienists’ Association. She is an active member of the American Dental Hygienists’ Association, American Dental Education Association, and Sigma Phi Alpha. In addition to these leadership roles, she is a strong advocate for oral health and overall wellness and enjoys speaking nationally for Dental Hygiene Academy.

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