In the early 1900’s Herbal Supplements were the hallmark of the pharmaceutical industry. About 67% of all medicine listed in the United States Pharmacopeia (USP) were botanicals. Now only 2% of all entries in the USP are botanicals. With the cost of rising health care, and a shift towards self-medicating, the consumer demand for 100% natural products has increased dramatically. This Course will review the most commonly used herbs and natural supplements. It will also provide you with information on drug herb interactions and unsafe herbs and natural supplements.

EDUCATIONAL OBJECTIVES

• Understand the differences between Holistic and Complementary Medicine
• Understand the science behind the herbal and natural supplements
• Know the definition of Herbal supplements
• Recognize herbal/ drug interactions

CLINICIAN

PAMELA ALBERTO, DMD is currently a Clinical Associate Professor in the Department of Oral and Maxillofacial Surgery at Rutgers School of Dental Medicine. She was formerly the Director of Predoctoral Surgery and the Assistant Dean of Predoctoral Education at New Jersey Dental School. She is a Fellow in the American Association of Oral and Maxillofacial Surgery, the American College of Oral and Maxillofacial Surgery, American Board of Forensic Dentistry, American Board of Forensic Medicine, Academy of Dentistry International, the American College of Dentistry and the International College of Dentistry. She is a member of the International Society of Plastics, Anesthesics and Reconstructive Surgery, New Jersey Dental Association and American Dental Association. She is a Diplomate in the College of Dentistry in the American Association of Integrative Medicine. Dr. Alberto currently lectures nationally and internationally on Alternative Medicine, Guided Bone Regeneration with Implants, Surgical Management of Impacted teeth, Cosmetic procedures and Implant Complications. Dr. Alberto is cofounder of Cheerful Heart Missions that provides Dental care for patients in Haiti and Dominican Republic. She maintains a private practice in Sparta and Vernon N.J.

CANCELLATION POLICY

Cancellations received up to 72 hours prior to the course will receive a 50% refund. No refunds will be given for cancellations received within 72 hours of the course. Please note that Zoom will allow you to cancel out of a Zoom event at any time, however, all cancellations for this course must be made directly with UBC in accordance with this UBC CDE cancellation policy. Continuing Dental Education at The University of British Columbia reserves the right to cancel courses or switch instructors if deemed necessary by low enrolment, instructor cancellation or other unforeseen issues. In case of course cancellation by UBC CDE a full refund will be issued.

The Association of Continuing Dental Education (ACDE) brings together individuals who represent college- and university-based continuing dental education programs associated with accredited dental schools in Canada and the United States. The ACDE is here to serve you, the dental professional, in delivering high quality, evidence-based continuing dental education programs to meet your educational needs.

The University of British Columbia, Continuing Dental Education in conjunction with the ACDE, and along with 30 of its member schools, jointly presents the “ACDE Webinar Series”. This series features university-based key opinion leaders presenting on numerous topics on multiple dates and times. Presentations are available to meet every dental health care professional’s schedule and interests. Please visit dentistry.ubc.ca/cde for a list of ACDE webinar offerings.