Gingival thickness, keratinized tissue width, and bone morphotype are three important parameters used to categorize periodontal phenotypes. These elements all play an important role in the maintenance of periodontal health. The aim of this presentation is to explore the importance of converting thin phenotype into a thick phenotype for the maintenance of periodontal and peri-implant health. We will also cover the different phenotype modification techniques (PhMT) for soft and hard tissues.

EDUCATIONAL OBJECTIVES
- Understand the factors affecting gingival phenotype and the difference between thin and thick phenotype in terms of periodontal health
- Examine the effects of PhMT for patients undergoing orthodontic therapy or fixed dental prostheses
- Review the scientific literature on PhMT for hard and soft tissues

CLINICIAN
THOMAS NGUYEN, DMD, MSC, DIP ABP, FRCD(C) is an assistant professor at the McGill Faculty of Dentistry and was previously the Interim Director of Predoctoral Periodontology at the Harvard School of Dental Medicine. Dr. Nguyen received his Doctorate of Dental Medicine (DMD) from the University of Montreal. He subsequently completed an AEGD residency from the Eastman Institute for Oral Health, an MSc at McGill University, and his training in Periodontology at the University of Minnesota. Dr. Nguyen’s clinical and research interests include the use of innovative concepts and technologies to enhance treatment outcomes and patients’ experience. He is involved in research related to implant dentistry, soft and hard tissue regeneration, and artificial intelligence.

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