This course will discuss the consequences of smoking to oral and general health and the types of tobacco currently in use. The physiological and habit components of smoking and interventions for smoking cessation will be discussed, including multiple brief interventions suitable for use in a dental office. Health benefits of quitting smoking and pharmacological treatments for smoking cessation will also be discussed.

EDUCATIONAL OBJECTIVES

• Describe the health benefits of quitting smoking
• List types of combustible nicotine delivery systems
• List types of non-combustible nicotine delivery systems
• Compare the toxicity of nicotine to that of combustion products from smoking

CLINICIAN

DEBORAH FRANKLIN, DDS, MA, LPC, CTTS is an Associate Professor in the Department of General Dentistry and Dental Public Health at The University of Texas School of Dentistry at Houston. Dr. Franklin earned her DDS at Temple University School of Dentistry in Philadelphia, Penn. She earned a Master of Arts in clinical psychology from The University of Houston Clear Lake in 1998 and is licensed as a professional counselor. Dr. Franklin has been certified as an American Cancer Society Fresh Start Smoking Cessation Program Facilitator since 2006 and is a certified mediator. She received the Dean’s Teaching Excellence Award at UT School of Dentistry for five years in a row and is a member of Psi Chi, the National Honor Society in Psychology.

CANCELLATION POLICY

Cancellations received up to 72 hours prior to the course will receive a 50% refund. No refunds will be given for cancellations received within 72 hours of the course. Please note that Zoom will allow you to cancel out of a Zoom event at any time, however, all cancellations for this course must be made directly with UBC in accordance with this UBC CDE cancellation policy. Continuing Dental Education at The University of British Columbia reserves the right to cancel courses or switch instructors if deemed necessary by low enrolment, instructor cancellation or other unforeseen issues. In case of course cancellation by UBC CDE a full refund will be issued.