



# STUDY CLUB: ADVANCED ORTHODONTICS FOR THE GENERAL PRACTITIONER

**SEPTEMBER 2023 - AUGUST 2024**

DR. SIDDHARTH (SID) VORA AND DR. BENJAMIN PLISKA

This course provides advanced instruction in orthodontic diagnosis, treatment planning and specifics of treatment execution, for general practitioners who already have some familiarity with orthodontic procedures. It is emphasized that these sessions provide practical advice, on an ongoing basis, with the practitioner's own patients. This course is not limited to theoretical concepts and laboratory procedures. Case presentations and discussions on treatment planning will be held at each session and will supplement the participant's clinical treatment of patients. Participants are responsible for providing their own patients. Through the mentorship provided in these courses, participants will develop a clear understanding of the standard of care for comprehensive orthodontic treatment, from record taking to finishing of the occlusion. Some cases – either with fixed appliances or removable aligners, can be well-treated in a general practice when the clinician has taken this course; other patients require a specialist. Dr. Vora and Dr. Pliska give careful training as to how to make this important distinction. It should be noted that regular attendance is required in order to maintain proper continuity of service to patients, and to keep abreast of the progress of the participants. Therefore, participants will need to be able to make a commitment to attend sessions consistently.

## EDUCATIONAL OBJECTIVES

Through case-presentations made by participants during this course, we will learn how to:

1. Compile complete Orthodontic records and objectively determine a comprehensive Orthodontic diagnosis, taking into account extraoral, intraoral, radiographic, functional and esthetic findings
2. Establish clear and prioritized treatment objectives for individual cases
3. Outline ideal and alternatives treatment plans for each case, considering advantages and disadvantages of each plan
4. Navigate staging of Orthodontic treatments including relevant biomechanical principles
5. Navigate setting-up of clear aligner treatment plans
6. Troubleshoot cases with poor progress

### SCHEDULE & TIMES:

**THURSDAY PM (Dr. Vora):** 1:00 pm - 5:00 pm**FRIDAY PM (Dr. Pliska):** 1:00 pm - 5:00 pm**SATURDAY AM (Dr. Vora):** 8:00 am - Noon

Each session is 4 hours in length, up to 44 continuing education hours in total. It is the sole responsibility of the member to accurately report the number of hours they attended their sessions and if they attended in person or remotely.

THURSDAY PM DR. VORA	FRIDAY PM DR. PLISKA	SATURDAY AM DR. VORA
September 21 ZOOM ONLY	September 15 IN - PERSON	September 16 ZOOM ONLY
October 5 IN - PERSON	October 6 IN - PERSON	October 21 IN - PERSON
November 9 ZOOM ONLY	November 3 IN - PERSON	November 18 ZOOM ONLY
December 14 ZOOM ONLY	December 15 IN - PERSON	December 9 ZOOM ONLY
January 11 ZOOM ONLY	January 12 IN - PERSON	January 13 IN - PERSON
February 22 IN - PERSON	February 2 IN - PERSON	February 24 ZOOM ONLY
March 21 ZOOM ONLY	March 15 IN - PERSON	March 23 ZOOM ONLY
April 25 IN - PERSON	April 19 IN - PERSON	April 27 IN - PERSON
May 23 ZOOM ONLY	May 24 IN - PERSON	May 25 ZOOM ONLY
June 20 ZOOM ONLY	June 21 IN - PERSON	June 22 ZOOM ONLY
July 18 IN - PERSON	July - N/A	July 20 IN - PERSON
August - N/A	August 2 IN - PERSON	August - N/A

**All in - person sessions will have an option to attend via Zoom**

### TUITION FEE:

#### DENTISTS: \$3600

A non-refundable deposit (Due upon registration)	\$800
First installment (Due September 9, 2023)	\$1400
Second installment (Due January 20, 2024)	\$1400

All necessary instruments, equipment and expendables are provided and are included in the course fee. Brackets, bonds, archwires etc. are invoiced to participants and must be paid within 30 days of receipt of invoice.

### LOCATION:

**Patterson Dental Learning Centre  
(PDLC)**

2199 Wesbrook Mall, Vancouver BC V6T1Z3

### REGISTER:

[dentistry.ubc.ca/cde/study-clubs](https://dentistry.ubc.ca/cde/study-clubs)

### CONTACT:

P: 604.822.6156

E: [cde@dentistry.ubc.ca](mailto:cde@dentistry.ubc.ca)

**What is the philosophy of the Advanced Orthodontic Study Club for the General Practitioner?**

As an initiation into orthodontic principles and practice, didactic presentations (lectures and discussions) are essential. When the General Practitioner then embarks on actual treatment of orthodontic cases, explanation and guidance at the “hands on” level is extremely helpful. This AO study club offers the participant both the didactic and hands-on components, with an emphasis on the latter. With the popularity of clear aligner treatments, the AO study club has begun to provide basic (non-comprehensive) assessments and recommendations on digital set-ups of treatment cases. Orthodontic treatment is a long-term commitment for both patient and clinician, where frequent visits and ongoing re-evaluation of progress are necessary. For this reason, the Advanced Orthodontic Study Club operates on a continuous 11 months a year basis.

**Who is eligible to join an Advanced Group?**

General Dentists who have taken a Basic Orthodontic Course, or who have had exposure into fixed appliance principles and clear aligner treatments practice since graduating. If in doubt regarding your eligibility to attend, contact Dr. Vora/Dr. Pliska, or the Director of Continuing Dental Education. Participants must hold a current practicing license, with malpractice insurance of at least \$3 million.

**Who provides the patients?**

Patients must be “patients of record” in the participant’s practice. Participants are required to ensure that their patients complete ‘informed consent forms’ to execute a release and waiver of UBC which indicates that the patient is being treated by the “participant” and “not by UBC”. Patients should be informed that they are being treatment planned in a study club setting and that their records will be observed by the group. Participants attending any UBC Continuing Dental Education course must agree to indemnify and hold harmless – the University of British Columbia, its Board of Governors, faculty/study club mentors, employees and agents against any and all liabilities, losses, claims, actions, damages, and expenses whatsoever, including legal fees, arising from their study club attendance and treatments of their orthodontic patients.

**What is the scope and format of the sessions held each month?**

Sessions are conducted in two formats – Zoom only, or Zoom + in-person. Drs. Vora/Pliska chair each session wherein participants present their patients’ cases which they have prepared before-hand. Presentations are prepared from a provided power-point template and include detailed diagnostic records, treatment objectives and potential treatment plans. Drs. Vora/Pliska moderate the discussion of each case providing their assessment and recommendations, with the entire group encouraged to participate. When appropriate and depending upon time constraints, Drs. Vora/Pliska will provide assessment and recommendations on digital set-ups of clear aligner treatment plans (eg. Clinchek). The atmosphere is friendly, constructive and cordial. At in-person sessions (last 2 hours), participants can bring their patients to the center, to be evaluated by Drs. Vora/Pliska and the entire group. Those attending online will be invited to view via camera.

**Is it necessary to bring any equipment, instruments, supplies or products to the advanced courses?**

No, all instruments and equipment are made available without extra charge by Continuing Dental Education. Clinic sundries such as gloves, masks etc. are also supplied. Brackets, wires, bands etc. are available in the clinic. Each practitioner has an account set up at the beginning of the academic year, and is invoiced for the brackets, archwires etc. quarterly through the year.

**CLINICIANS**

**Siddharth (Sid) Vora, BDS, MSD, PhD** is currently an Associate Professor of the University of British Columbia Faculty of Dentistry. He obtained his dental surgery degree from the University of Mumbai, India, in 2002; a Doctor of Philosophy (Oral Biology) in 2009 from Boston University; and a Master of Science in Dentistry and a Certificate in Orthodontics from the University of Washington (UW) in Seattle in 2012. Dr. Vora was a faculty member at UW. He was also a senior Fellow at Seattle Children’s Hospital Research Institute.



**Benjamin Pliska DDS, MSc, FRCD(C)** is Associate Professor of the University of British Columbia Faculty of Dentistry and maintains a private practice in Vancouver as a certified specialist in Orthodontics. Dr. Pliska is a graduate of the University of Western Ontario School of Dentistry, and obtained his Certificate in Orthodontics and Master’s Degree in Dentistry from the University of Minnesota. Dr. Pliska lectures both locally and internationally on his research interests, which include airway imaging and sleep medicine.

**CANCELLATION POLICY**

Registration is your commitment to the Advanced Orthodontics for the General Practitioner Study Club. Upon registration \$800 of your payment will be non-refundable at any time. Registration is a year long commitment, therefore if you have chosen to pay using our installment option, it is expected that you will make the future installment payments. Continuing Dental Education at The University of British Columbia reserves the right to cancel courses if deemed necessary by low enrolment, instructor cancellation or other unforeseen issues. In case of course cancellation a full refund will be issued.

Continuing Education  
Recognition Program

CDE at UBC is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at [ADA.org/CERP](http://ADA.org/CERP).

**DISCLAIMER:** Dental education institutions have an obligation to disseminate new knowledge related to dental practice. Some presentations may include controversial materials or commercial references. Sponsorship of a continuing education course by The University of British Columbia does not imply endorsement of a particular philosophy, procedure or product by The University of British Columbia. Fee in full must accompany registration. The tuition fee is deductible for Canadian Income Tax purposes. See cancellation policy.